



Gold Member Complex Nutrition

About the Company

Established in 1999, Complex Nutrition is a leading contract food manufacturer which specialises in the production of milk powder-based products for a range of categories including foods for special medical purposes (FSMP), sports nutrition, children’s and senior nutrition, and other health related-related products. The company identified a gap in the market having noticed that brand owners without manufacturing capability found it difficult to develop commercially-successful new products. As a result, Complex Nutrition built a new product development (NPD) centre of excellence to produce and launch new products into international markets. The company achieved plant accreditation with the Department of Agriculture, Food and the Marine (DAFM), Health Service Executive (HSE), BRCGS Food Safety AA certification, CNCA China Dairy Approval, Halal, Kosher, Organic Status and Origin Green.

Spotlight Target Area: Packaging

The quality of Complex Nutrition’s products is a function of the ingredients used to produce them. Ingredients come from across the food supply chain in Ireland wherever possible, as the sustainability of that supply is critical for the company’s future needs. Complex Nutrition is committed to playing its part in caring for the environment by evaluating everything the company does in order to maintain the highest standards of sustainability. Throughout the year 2021, the company demonstrated exemplary performance in its sustainability plan across the target areas of Packaging, Water, Employee Wellbeing, and Community Engagement.

Complex Nutrition’s product packaging in 2021 was 98% recyclable compared to 58% in 2020, a significant achievement. As the company drives forward with its sustainability ambitions, it hopes to further identify areas of improvement wherever possible to maintain its strong performance.

Membership Tier 4

Minimum Origin Green Targets Required Annually = 5

Exemplary Performance Target Areas

Raw Material Sourcing	Raw Materials & Suppliers	
	Packaging	★
Manufacturing Process	Energy/Emissions	
	Water	★
	Waste	
Social Sustainability	Product Health and Nutrition	
	Employee Wellbeing	★
	Community Engagement	★
	Diversity & Inclusion	
Additional Targets	Biodiversity	
	Approved Sector Specific Target	



Sustainability Programme
GOLD MEMBER
2022

"At Complex Nutrition we are an enthusiastic member of Origin Green and very proud to have achieved Gold member status. One of our core Values is COMMUNITY and so we are especially pleased to have surpassed our Social Sustainability target for Community Engagement by 60%. Our facility’s results in Packaging/Recycling and Water Usage Reduction also reflect the importance of sustainability to our organisation and these achievements and our continued investment in Origin Green will help our team to continue delivering outstanding results"

Tom Mc Donnell, Financial Director